

SCHEDULE

Session 1

What is Discovery?

- An overview of the Discovery process and how it will help me become a lifelong learner who is growing on purpose
- See the importance of a purpose-driven life.
- Review “What am I here for?” unit of *The Purpose-Driven Life*
- Spiritual discipline: Centering Prayer

Session 2

You are a Gifted Child of God

- Discover or confirm my spiritual gifts
- How my spiritual gifts shape my motivation and passion
- How my spiritual gifts relate to my life purpose
- Review Centering Prayer
- Review “Shaped for serving God” unit of *The Purpose-Driven Life*
- Spiritual discipline: Holding Prayer

Session 3

What is your passion? Your Emotional IQ?

- Learn how my personality and my spiritual gifts inter-relate
- Learn how to use my emotions to strengthen my relationships and ministry
- Review feedback from my spiritual/emotional maturity inventory
- Review Holding Prayer
- Review “Planned for God’s pleasure” unit of *The Purpose-Driven Life*
- Spiritual discipline: Lectio Divina

Session 4

Discovering Your Uniqueness

- Receive a comprehensive report about my temperament (DISC) that helps me understand my natural behavior patterns
- Deepen my understanding of myself, how I relate to and communicate with others, and how I can understand and guard against my weaknesses
- Review “Formed for God’s family” unit of *The Purpose-Driven Life*
- Spiritual discipline: Visualization

Session 5

My Deep Gladness, The World’s Deep Hunger

- Begin to discover “where my deep gladness and the world’s deep hunger meet”
- Develop a draft of my Personal Purpose Statement
- Review “Made for a mission” unit of *The Purpose-Driven Life*
- Spiritual discipline: Journaling Dialogue

Session 6

Putting it All Together

- Review and integrate work from sessions 2-5
- Understand what my spiritual gifts, my passion, my emotional IQ, my DiSC profile, and my personal purpose statement indicate about my current situation, my sense of future mission, and my growth areas
- Review “Created to become like Christ” unit of *The Purpose-Driven Life*
- Spiritual discipline: Petition/ Intercession

Session 7

Developing a Growth Plan

- Develop SMART growth goals
- Draft a Growth Plan
- Share and reshape my Growth Plan with my team or table group (and with my mentor if possible)
- Spiritual discipline: Developing a plan for practicing spiritual disciplines

Session 8

Transforming Friendship

- Learn what mentoring is and why it is important for achieving my Personal Purpose
- Spend time reviewing my Growth Plan with my mentor (if he or she is present)
- Begin shaping a Mentoring Agreement (with my mentor)
- Dedicate my Growth Plan and my mentoring relationship to God.
- Spiritual discipline: Lectio Divina